

Home Cook Chef Series

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TOOLS:

Sheet pan
Oven mitt
Kitchen towel
Tongs
Kitchen knife
Parchment paper

Snapper en Papillote

Ingredients:

8oz Snapper filet (skin on)

Bell pepper, red

Bell pepper, yellow

3 asparagus top halves, XL

3 Slice Galangal

1 TBSP lemongrass (sub lemon zest)

Mint Sprig

3 Lime leaves (sub .5 oz lime juice)

1/2 lime

Extra Virgin Olive Oil

Kosher Salt & Black Pepper

Instructions:

Preheat oven to 475°F

On a full sheet of parchment paper, fold in half crosswise and open to make crease, drizzle paper with olive oil & build ingredients upwards in the following order:

Julienned red and yellow bell peppers, asparagus cut in thirds, snapper fillet with the skin side down. Season with salt, pepper, and olive oil, top with lemon leaves, three slices of galangal and two slices of lemongrass.

Fold the paper into a pouch. On sheet pan, bake for 13 minutes. The parchment paper should inflate during cooking.

When serving, take out the aromatics: galangal, lemon leaves and lemongrass (not edible). Add some fresh mint on top and a squeeze of fresh lime.